SHOREWOOD COMMONS

JANJAR

<u>Underlined</u> programs will be group activities in the location specified in parentheses.

All other programming will be shown on channel 40

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.	10:15 Functional Fitness (AR) 1:00 Movie Matinee: "Life With Father" (AR) 3:00 Mexican Train Dominoes (AR) No Shuttle	10:00 Low Vision Staff read Newsletter & Calendar (FL) 1:00 Winter Painting (AR) 3:00 St. Pius Sunday Service	10:15 Functional Fitness (AR) 10:30 Catholic Communion (FL) 1:00 This Week in History (FL) 2:00 Documentary "Baseball by Ken Burns 1992- 1999" (AR) 3:00 Zumbro Lutheran Sunday Service	11:00 Lunch @ Carbone's Pizzeria (OS) 1:00 Bingo! (AR) 2:00 2022 review story (FL) 3:00 Trinity Lutheran Sunday Service	10:15 Functional Fitness (AR) 1:00 Toss Twelve Dice Game (AR) 2:00 Hot Chocolate & Cookies (AR) 3:00 Christ United Methodist Sunday Service	
Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.	10:15 Functional Fitness (AR) 1:00 Movie Matinee: "12 Mighty Orphans" (AR) 3:00 Mexican Train Dominoes (AR)	10 10:00 Scattergories (AR) 1:00 Snowy Owl Craft (AR) 3:00 St. Pius Sunday Service	11 10:15 Functional Fitness (AR) 10:30 Catholic Communion (FL) 1:00 You Be The Judge (FL) 2:00 Documentary "Baseball by Ken Burns 1999- 2009" (AR) 3:00 Zumbro Lutheran Sunday Service	11:00 Lunch @ Twigs Tavern (OS) 1:00 Bingo! (AR) 2:00 500 Card Game (AR) 3:00 Trinity Lutheran Sunday Service	13 10:15 Functional Fitness (AR) 1:00 Music w/Jim (FL) 2:00 Hot Chocolate & Cookies (AR) 3:00 Christ United Methodist Sunday Service	New Rochester Public Library books arrived yes terday! Stop by the Library on the
Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.	16 10:15 Functional Fitness (AR) 1:00 Movie Matinee: "Harvey" (AR) 3:00 Mexican Train Dominoes (AR)	17 10:00 Food Forum (FL) 1:00 Bird Seed Craft (AR) 3:00 St. Pius Sunday Service	10:15 Functional Fitness (AR) 10:30 Catholic Communion (FL) 1:00 You Be The Judge (FL) 2:00 This Week in History (FL) 3:00 Zumbro Lutheran Sunday Service	11:00 Lunch @ Newts South (OS) 1:00 Bingo! (AR) 2:00 Let's Talk about the 1960's (FL) 3:00 Trinity Lutheran Sunday Service Back To The 60's Day	20 10:15 Functional Fitness (AR) 2:00 Hot Chocolate & Cookies (AR) 3:00 Christ United Methodist Sunday Service	National Squirrel Appreciation Day!
Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.	23 10:15 Functional Fitness (AR) 1:00 Movie Matinee: "An American In Paris" (AR) 3:00 Mexican Train Dominoes (AR)	24 10:00 Jeopardy (AR) 1:00 Food Fun! Chinese New Year Dragon (AR) 3:00 St. Pius Sunday Service	25 10:15 Functional Fitness (AR) 10:30 Catholic Communion (FL) 1:00 This Week In History (FL) 2:00 Nifty Nails (AR) 3:00 Zumbro Lutheran Sunday Service	26 11:00 Open Shuttle (OS) 1:00 Bingo! (AR) 2:00 500 Card Game (AR) 3:00 Trinity Lutheran Sunday Service	27 10:15 Functional Fitness (AR) 2:00 Hot Chocolate & Chocolate Cupcakes (AR) 3:00 Christ United Methodist Sunday Service National Chocolate Cake Day	2
29	30	31	LOCATION KEY			
	10:15 Functional Fitness (AR) 1:00 Movie Matinee: "Sons Of	1:00 Documentary 1:00 Resident Meeting w/Staff (AR)				
			(AR) Activity Room (DR) Dining Room			
	Liberty" (AR) 3:00 Mexican Train	1:15 Council Meet- ing w/Neighbors (AR)	(FL) Fireside Lounge (FP) Front Patio (OS) Outing: Sign up at Front Desk			

Activity Descriptions

Functional Fitness– A staff led exercise group focusing on your overall body.

You Be The Judge– A staff led group where you learn about real court cases and discuss if you agree with what was done or not, and what you would do differently.

Bingo– Staff call the bingo numbers and check over everyone's bingo, prizes given to winners.

500 Card Game- a trick-taking game with some ideas from Bridge. The game described here is for four players. The game is played over a series of hands. You win the game by earning 500 points or forcing your opponents to reach -500 points.

Toss Twelve Dice Game- You get 2 dice, the first person to cover their card is the winner.

Hot Chocolate & Cookies– You get a glass of hot chocolate and a cookie to snack on while we sit and socialize with others.

Mexican Train Dominoes– A domino game where you place your dominoes down to a matching number on an open train, the objective is to be the first person with no dominoes.

Crafts– Misc. arts and crafts changing each week, useful, fun, and a great way to exercise your mind.

Food Fun– Decorating types of food with different types of treats, enjoying your delicious treats with peers.

Nifty Nails– Have your nails trimmed and painted by Shorewood Staff.

This Week In History– Staff led group where you read about and go over different things that happened throughout history that week.

Music Groups— Listen and sing along to several types of Music performed by different singers.

Resident Meetings– A time for residents to meet with Staff and voice concerns, opinions, and suggestions.

Council Meeting- A time for residents to meet with fellow residents and voice concerns, opinions, and suggestions.

Staff Read Calendar & Newsletter– Staff will sit down and go through the calendar with you and help you figure out what things you would like to try. Staff will also read you the Newsletter from that month.

Scattergories— A multi-player word game where the objective is to earn points by making a list of words that all begin with the same letter .

Low Vision Staff Read Newsletter & Calendar— Programming staff sit down and read the Newsletter & Calendars for anyone who would like to join. All are welcome.