

# SHOREWOOD COMMONS



**2023**

**Underlined** programs will be group activities in the location specified in parentheses.

All other programming will be shown on channel **40**.

**RED** colored Programs are for **AL** residents only.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <p><b>LOCATION KEY</b></p> <p>(AR) Activity Room</p> <p>(DR) Dining Room</p> <p>(FL) Fireside Lounge</p> <p>(FP) Front Patio</p> <p>(OS) Outing: Sign Up at Front Desk</p> </div>			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
			<p><u>10:15</u> Functional Fitness (AR)</p> <p><u>10:30</u> Catholic Communion (FL)</p> <p><u>1:30</u> Our Saviors Church Sing Along (FL)</p> <p><u>2:30</u> Documentary</p> <p><u>3:00</u> Zumbro Lutheran Sunday Service</p>	<p><u>10:00</u> Just DA GUYS (Library)</p> <p><u>10:00</u> Low Vision Staff Read Newsletter (FL)</p> <p><u>11:00</u> Open Shuttle (OS)</p> <p><u>1:00</u> Bingo! (AR)</p> <p><u>2:00</u> Short Story W/ Programming (AR)</p> <p><u>3:00</u> Trinity Lutheran Sunday Service</p>	<p><u>11:30</u> <b>Elegant Spring Lunch (DR)</b></p> <p><u>1:00</u> Music w/Jim (FL)</p> <p><u>2:00</u> <b>Lemonade &amp; Cookies (AR)</b></p> <p><u>3:00</u> Christ United Methodist Sunday Service</p>	
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.	<p><u>10:15</u> Functional Fitness (AR)</p> <p><u>1:00</u> Movie Matinee: "Full Count" (AR)</p> <p><u>3:00</u> Mexican Train Dominoes (AR)</p>	<p><u>1:00</u> <b>Lucky Penny Keychain (AR)</b></p> <p><u>3:00</u> Bethel Lutheran in person Worship Service (FL)</p> <p><u>3:00</u> St. Pius Sunday Service</p>	<p><u>10:15</u> Functional Fitness (AR)</p> <p><u>10:30</u> Catholic Communion (FL)</p> <p><u>1:00</u> Young at Heart Singers (FL)</p> <p><u>2:00</u> This Week In History (FL)</p> <p><u>3:00</u> Zumbro Lutheran Sunday Service</p>	<p><u>10:00</u> Just DA GUYS (Library)</p> <p><u>11:00</u> Lunch @ Brothers Bar &amp; Grill (OS)</p> <p><u>1:00</u> Bingo! (AR)</p> <p><u>2:00</u> 500 Card Game (AR)</p> <p><u>3:00</u> Trinity Lutheran Sunday Service</p>	<p><u>10:15</u> Functional Fitness (AR)</p> <p><u>2:00</u> <b>Lemonade &amp; Cookies (AR)</b></p> <p><u>3:00</u> Christ United Methodist Sunday Service</p>	New Rochester Public Library books arrived yesterday! Stop by the Library on the first floor.
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.	<p><u>10:15</u> Functional Fitness (AR)</p> <p><u>1:00</u> Movie Matinee: "Secondhand Lions" (AR)</p> <p><u>2:00</u> Reflections Scenic Drive (OS)</p> <p><u>3:00</u> Mexican Train Dominoes (AR)</p>	<p><u>10:00</u> Food Forum (FL)</p> <p><u>1:00</u> <b>Oreo Tasting Activity (AR)</b></p> <p><u>3:00</u> St. Pius Sunday Service</p>	<p><u>10:15</u> Functional Fitness (AR)</p> <p><u>10:30</u> Catholic Communion (FL)</p> <p><u>1:00</u> This Week in History (FL)</p> <p><u>2:00</u> <b>Nifty Nails (AR)</b></p> <p><u>3:00</u> Zumbro Lutheran Sunday Service</p>	<p><u>10:00</u> Just DA GUYS (Library)</p> <p><u>11:00</u> Open Shuttle (OS)</p> <p><u>1:00</u> Bingo! (AR)</p> <p><u>2:00</u> 500 Card Game (AR)</p> <p><u>3:00</u> Trinity Lutheran Sunday Service</p>	<p><u>10:15</u> Functional Fitness (AR)</p> <p><u>1:00</u> St. Patrick's Day Story (AR)</p> <p><u>2:00</u> <b>Green Lemonade &amp; Cookies (AR)</b></p> <p><u>3:00</u> Christ United Methodist Sunday Service</p> <p style="text-align: right;"><i>St. Patrick's day</i> </p>	
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.	<p><u>10:15</u> Functional Fitness (AR)</p> <p><u>1:00</u> Movie Matinee: "Belfast" (AR)</p> <p><u>2:00</u> <b>SWC Scenic Drive (OS)</b></p> <p><u>3:00</u> Mexican Train Dominoes (AR)</p>	<p><u>1:00</u> <b>Making Planters for Activity Room Craft (AR)</b></p> <p><u>2:15</u> Resounding Voices Song Composing (AR)</p> <p><u>3:00</u> St. Pius Sunday Service</p>	<p><u>10:15</u> Functional Fitness (AR)</p> <p><u>10:30</u> Catholic Communion (FL)</p> <p><u>1:00</u> You Be The Judge (FL)</p> <p><u>2:00</u> This Week in History (FL)</p> <p><u>3:00</u> Zumbro Lutheran Sunday Service</p>	<p><u>10:00</u> Just DA GUYS (Library)</p> <p><u>11:00</u> Lunch @ Old Brick House (OS)</p> <p><u>1:00</u> Bingo! (AR)</p> <p><u>2:00</u> 500 Card Game (AR)</p> <p><u>3:00</u> Trinity Lutheran Sunday Service</p>	<p><u>10:15</u> Functional Fitness (AR)</p> <p><u>2:00</u> <b>Lemonade &amp; Cookies (AR)</b></p> <p><u>3:00</u> Christ United Methodist Sunday Service</p>	
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.	<p><u>10:15</u> Functional Fitness (AR)</p> <p><u>1:00</u> <b>Movie Matinee with Popcorn: "Marry Me" (AR)</b></p> <p><u>3:00</u> Mexican Train Dominoes (AR)</p> <p><u>4:00</u> March Madness Basketball Shooting Competition (AR)</p>	<p><u>10:00</u> Documentary</p> <p><u>1:00</u> <b>Resident Meeting w/Staff (AR)</b></p> <p><u>1:15</u> <b>Council Meeting w/Neighbors (AR)</b></p> <p><u>2:00</u> <b>Spring Bunny Craft (AR)</b></p> <p><u>3:00</u> St. Pius Sunday Service</p>	<p><u>10:15</u> Functional Fitness (AR)</p> <p><u>10:30</u> Catholic Communion (FL)</p> <p><u>1:00</u> You Be The Judge (FL)</p> <p><u>2:00</u> This Week in History (FL)</p> <p><u>3:00</u> Zumbro Lutheran Sunday Service</p>	<p><u>10:00</u> Just DA GUYS (Library)</p> <p><u>10:30</u> Gloria Dei Private Event (FL)</p> <p><u>11:00</u> Lunch @ Star Ocean Buffet (OS)</p> <p><u>1:00</u> Bingo! (AR)</p> <p><u>2:00</u> 500 Card Game (AR)</p> <p><u>3:00</u> Trinity Lutheran Sunday Service</p>	<p><u>10:15</u> Functional Fitness (AR)</p> <p><u>2:00</u> <b>Lemonade &amp; Cookies (AR)</b></p> <p><u>3:00</u> Christ United Methodist Sunday Service</p>	

**Programs are subject to change at any time.**

## Activity Descriptions

**Functional Fitness**— A staff led exercise group focusing on your overall body.

**You Be The Judge**— A staff led group where you learn about real court cases and discuss if you agree with what was done or not, and what you would do differently.

**Bingo**— Staff call the bingo numbers and check over everyone's bingo, prizes given to winners.

**500 Card Game**- a trick-taking game with some ideas from Bridge. The game described here is for four players. The game is played over a series of hands. You win the game by earning 500 points or forcing your opponents to reach -500 points.

**Toss Twelve Dice Game**- You get 2 dice, the first person to cover their card is the winner.

**Lemonade & Cookies**— You get a glass of lemonade and a cookie to snack on while we sit and socialize with others.

**Mexican Train Dominoes**— A domino game where you place your dominoes down to a matching number on an open train, the objective is to be the first person with no dominoes.

**Crafts**— Misc. arts and crafts changing each week, useful, fun, and a great way to exercise your mind.

**Food Fun**— Decorating types of food with different types of treats, enjoying your delicious treats with peers.

**Nifty Nails**— Have your nails trimmed and painted by Shorewood Staff.

**This Week In History**— Staff led group where you read about and go over different things that happened throughout history that week.

**Music Groups**— Listen and sing along to several types of Music performed by different singers.

**Resident Meetings**— A time for residents to meet with Staff and voice concerns, opinions, and suggestions.

**Council Meeting**- A time for residents to meet with fellow residents and voice concerns, opinions, and suggestions.

**Scattergories**— A multi-player word game where the objective is to earn points by making a list of words that all begin with the same letter .

**Low Vision Staff Read Newsletter & Calendar**— Programming staff sit down and read the Newsletter & Calendars for anyone who would like to join. All are welcome.

**Just Da Guys**— A time to hangout and chat with some of the fellow men who live here at Shorewood.