## **SHOREWOOD COMMONS**



**RED** colored Programs are for **AL** residents only.

(OS) Outing: Sign Up at Front Desk

(RF) Reflections

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:15 Functional Fitness (AR)	1:00 Wooden Tulip Craft (AR)	3 10:00 Catholic com- munion (FL)	4 10:00 Just DA GUYS (Library)	<b>5 10:15</b> Functional Fitness (AR)	6
	1:00 Movie Matinee: "Fried Green	2:30 Wii Bowling (AR)	<b>10:15</b> Functional Fitness (AR)	10:30 Noodle Ball (FL)	1:00 Easter Social (DR)	
	Tomatoes" (AR)  3:00 Welcome	<b>3:00</b> Bethel Lutheran in Person Worship	<b>1:00</b> Sticky Darts (FL)	11:00 Open Shuttle (OS)	3:00 Christ United Methodist Sunday	
	Spring Brownie Social (AR)	Service (FL) 3:00 St. Pius Sunday Service (Channel	2:00 Short Movie "It's the Easter Beagle, Charlie	1:00 Bingo! (AR) 2:00 Skip-Bo Card	Service (Channel 40)	
		40)	Brown" (Channel 40)	Game (AR) 3:00 Trinity Lutheran Sunday Service (Channel 40)		
7	8	9	10	11	12	13
2:00 Sunday cookies and	<b>10:15</b> Functional Fitness (AR)	10:00 Music W/ Kim Cote (FL)	10:00 Catholic communion (FL)	10:00 Just DA GUYS (Library)	<b>10:15</b> Functional Fitness (AR)	
conversation (AR)	1:00 Movie Matinee: "Paradise Road" (AR)	1:00 Flower Pot Whale Craft (AR)	10:15 Functional Fitness (AR)	10:30 Noodle Ball (FL)	1:00 Music W/ Jim Weissgerber (FL)	
	1:45 Solar Eclipse	2:30 Wii Bowling (AR)	1:00 Sticky Darts (FL)	11:00 Lunch outing @ 5 West (OS)	2:00 Cookies & Lemonade (AR)	
	Watch Party (Commons Front Yard)	<b>3:00</b> St. Pius Sunday Service (Channel	2:00 This Week in History (FL)	1:00 Bingo! (AR) 2:00 Skip-Bo Card	3:00 Christ United Methodist Sunday	
	*Weather	40)	<b>3:00</b> Zumbro Lutheran Sunday Service	Game (AR) <b>3:00</b> Trinity Lutheran	Service (Channel 40)	
	Permitting* 3:00 Mexican Train Dominoes (AR)		(Channel 40)	Sunday Service (Channel 40)		
14	15	16	17	18	19	20
2:00 Sunday cookies and	10:00 Music W/ Brandon & Heidi (FL)	<b>10:00</b> Food Forum (AR)	10:00 Catholic com- munion (FL)	10:00 Just DA GUYS (Library)	10:15 Functional Fitness (AR)	
conversation (AR)	<b>10:15</b> Functional Fitness (AR)	1:00 Bird house Craft (AR)	<b>10:15</b> Functional Fitness (AR)	10:30 Noodle Ball (FL)	1:00 Wii Bowling (AR)	
	<b>1:00</b> Movie Matinee: "The Pursuit of	2:30 Wii Bowling (AR)	1:00 Sticky Darts (FL)	11:00 Open Shuttle (OS)	2:00 Cookies & Lemonade (AR)	
	Happiness" (AR) 3:00 Mexican Train	<b>3:00</b> St. Pius Sunday Service (Channel	2:00 This Week in History (FL)	1:00 BINGO! (AR)	3:00 Christ United Methodist Sunday	
	Dominoes (AR)	40)  Podiatry will be here today!	3:00 Zumbro Luther- an Sunday Service (Channel 40)	2:30 "Where There is Love" Song Rehears- al with Suzy Johnson, Commissioned by Shorewood (FL)	Service (Channel 40)	
				3:00 Trinity Lutheran Sunday Service (Channel 40)		
21	22	23	24	25	26	27
2:00 Sunday cookies and	<b>10:15</b> Functional Fitness (AR)	10:30 Snack & Chat W/ Our Nurse (AR)	<b>10:00</b> Catholic communion (FL)	<b>10:00</b> Just DA GUYS (Library)	<b>10:15</b> Functional Fitness (AR)	
conversation (AR)	<b>1:00</b> Movie Matinee: "On Golden Pond	1:00 FOOD FUN! Gnome Cup Cakes	<b>10:15</b> Functional Fitness (AR)	10:30 Gloria Dei in Person Worship Ser-	1:00 Wii Bowling (AR)	
	(AR) 3:00 Mexican Train	(AR) 2:30 Wii Bowling	1:00 Sticky Darts (FL)	vice (AR)  10:30 Noodle Ball	2:00 Cookies & Lemonade (AR)	
	Dominoes (AR)	(AR) 3:00 St. Pius	2:00 Nifty Nails (AR)	(FL) 11:00 Open Shuttle	<b>3:00</b> Christ United Methodist Sunday	
		Sunday Service (Channel 40)	<b>3:00</b> Zumbro Lutheran Sunday Service	(OS) 1:00 Bingo! (AR)	Service (Channel 40)	
			(Channel 40)	<b>2:00</b> Skip-Bo Card Game (AR)		
				3:00 Trinity Lutheran Sunday Service (Channel 40)		
28 2:00 Music W/	<b>29 10:15</b> Functional	30 1:00 Resident Meet-		LOCATION K	<u>EY</u>	
Rochester Bell	Fitness (AR) <b>1:00</b> Movie Matinee:	ing (FL) 1:15 Resident		(AR) Activity Ro	om	
Choir (FL)	"The Lost City of Z" (AR)	Council Meeting With Neighbors		(DR) Dining Roo	m	
	3:00 Mexican Train Dominoes (AR)	(FL) 2:30 Wii Bowling		(FL) Fireside Lou	inge	
	, ,	(AR)		(FP) Front Patio		

**3:00** St. Pius

Programs are subject to change at any time day Service (Channel 40)

## **Activity Descriptions**

Functional Fitness— A staff led exercise group focusing on your overall body.

Bingo – Staff call the bingo numbers and check over everyone's bingo, prizes given to winners.

**500 Card Game-** a trick-taking game with some ideas from Bridge. The game described here is for four players. The game is played over a series of hands. You win the game by earning 500 points or forcing your opponents to reach -500 points.

**Toss Twelve Dice Game-** You get 2 dice, the first person to cover their card is the winner.

**Lemonade & Cookies**— You get a glass of lemonade and a cookie to snack on while we sit and so-cialize with others.

**Mexican Train Dominoes**— A domino game where you place your dominoes down to a matching number on an open train, the objective is to be the first person with no dominoes.

**Crafts**– Misc. arts and crafts changing each week, useful, fun, and a great way to exercise your mind.

**Food Fun**— Decorating types of food with different types of treats, enjoying your delicious treats with peers.

Nifty Nails— Have your nails trimmed and painted by Shorewood Staff.

**This Week In History**— Staff led group where you read about and go over different things that happened throughout history that week.

**Music Groups**— Listen and sing along to several types of Music performed by different singers. **Resident Meetings**— A time for residents to meet with Staff and voice concerns, opinions, and suggestions.

**Council Meeting-** A time for residents to meet with fellow residents and voice concerns, opinions, and suggestions.

**Skip-Bo**— A fun card game where you place cards in numerical order on many piles and you try to be the first one without cards left

**Low Vision Staff Read Newsletter & Calendar**— Programming staff sit down and read the Newsletter & Calendars for anyone who would like to join. All are welcome.

**Just Da Guys**— A time to hangout and chat with some of the fellow men who live here at Shorewood.

**Sticky Darts**– Just like normal darts, just no pointy darts:)

**Sunday Cookies and Conversation**— come and join your neighbors and staff company while enjoying a yummy cookie

Wii Bowling – Join your peers and staff for a fun filled activity of electronic bowling