

Shorewood Commons



2022

Underlined programs will be group activities in the location specified in parentheses.

All other programming will be shown on channel 2.1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> LOCATION KEY (AR) Activity Room (DR) Dining Room (FL) Fireside Lounge </div>						
2	3	4	5	6	7	8
Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.	<u>10:00 Functional Fitness (AR)</u> <u>1:00 Movie & Snacks: "Beyond Christmas" (AR)</u> <u>2:00 Creative Coloring (FL)</u>	<u>1:00 This Week in History (FL)</u> <u>2:00 Dice Game: Roll a Snowman (AR)</u> 3:00 St. Pius Sunday Service	<u>10:00 Functional Fitness (AR)</u> <u>10:10 Catholic Communion (FL)</u> <u>2:00 Art Adventures: Pastel Drawings (AR)</u>	<u>1:00 Bingo! (AR)</u> <u>2:30 500 Card Game (AR)</u> 3:00 Trinity Lutheran Sunday Service	<u>10:00 Functional Fitness (AR)</u> <u>1:00 Holiday Undecorating (AR)</u> <u>2:00 Cribbage (AR)</u> 3:00 Christ United Methodist Sunday Service	New Rochester Public Library books arrived yesterday! Stop by the Library on the first floor.
9	10	11	12	13	14	15
Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.	<u>10:00 Functional Fitness (AR)</u> <u>1:00 Movie & Snacks: "Nomad Land" (AR)</u> <u>3:00 Artist Impressions (AR)</u>	<u>10:00 Food Forum (FL)</u> <u>1:00 This Week in History (FL)</u> <u>2:00 Dominoes (AR)</u> 3:00 St. Pius Sunday Service	<u>10:00 Functional Fitness (AR)</u> <u>10:10 Catholic Communion (FL)</u> <u>2:00 Knit & Stitch (AR)</u> 3:00 Zumbro Lutheran Sunday Service	<u>1:00 Bingo! (AR)</u> <u>2:30 500 Card Game (AR)</u> 3:00 Trinity Lutheran Sunday Service	<u>10:00 Functional Fitness (AR)</u> <u>1:00 Music w/Jim (FL)</u> <u>2:00 Cribbage (AR)</u> 3:00 Christ United Methodist Sunday Service	<u>ON THIS DAY</u> 1919 - Prohibition begins in the United States prohibiting the manufacture, sale, or transportation of intoxicating liquors.
16	17	18	19	20	21	22
Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.	<u>10:00 Functional Fitness (AR)</u> <u>1:00 Movie & Snacks: "Selma" (AR)</u> <u>2:00 Creative Coloring (FL)</u> 	<u>1:00 This Week in History (FL)</u> <u>2:00 Food Fun: Cookie Snowman (AR)</u> 3:00 St. Pius Sunday Service	<u>10:00 Functional Fitness (AR)</u> <u>10:10 Catholic Communion (FL)</u> <u>2:00 Craft (AR)</u> 3:00 Zumbro Lutheran Sunday Service	<u>1:00 Bingo! (AR)</u> <u>2:30 500 Card Game (AR)</u> 3:00 Trinity Lutheran Sunday Service	<u>10:00 Functional Fitness (AR)</u> <u>1:00 Riddle Me This (AR)</u> <u>2:00 Cribbage (AR)</u> 3:00 Christ United Methodist Sunday Service	<u>ON THIS DAY</u> 1946 - US President Harry Truman sets up the Central Intelligence Agency (CIA).
23	24	25	26	27	28	29
Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.	<u>10:00 Functional Fitness (AR)</u> <u>1:00 Movie & Snacks: "A Perfect World" (AR)</u> <u>3:00 Artist Impressions (FL)</u>	<u>1:00 Resident Meeting (FL)</u> <u>1:15 Council Meeting (FL)</u> <u>2:00 Dominoes (AR)</u> 3:00 St. Pius Sunday Service	<u>10:00 Functional Fitness (AR)</u> <u>10:10 Catholic Communion (FL)</u> <u>2:00 Nifty Nails (AR)</u> 3:00 Zumbro Lutheran Sunday Service	<u>2:30 500 Card Game (AR)</u> <u>5:00 Elegant Theme Dinner (DR)</u>	<u>10:00 Functional Fitness (AR)</u> <u>1:00 Tongue Twister Time (FL)</u> <u>2:00 Cribbage (AR)</u> 3:00 Christ United Methodist Sunday Service	<u>ON THIS DAY</u> 1886 - German engineer Carl Benz patents the first modern gasoline-driven automobile.
30	31					
Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.	<u>10:00 Functional Fitness (AR)</u> <u>1:00 Movie & Snacks: "Calamity Jane" (AR)</u> <u>2:00 Creative Coloring (FL)</u>					

Dog of the Month – Siberian Husky

Siberian huskies are thick-coated, medium-sized dogs that were bred by the Chukchi people in Northeast Asia to pull dog sleds. While still used in the sport of mushing, they are also popular as family pets. Huskies are excellent hunters, runners, and sled-pullers, but they're also extremely friendly, affectionate, and loyal.

To keep warm in subzero temperatures, these often blue-eyed dogs have a double coat of fur—one short, dense layer for extra warmth, plus a longer, water-resistant coat. Their fur ranges in color from



white, black, and gray to red, sable, and tan.

These energetic, highly vocal dogs also have long, fluffy tails that double as scarves on super cold nights. Despite their similar appearance, they are not part wolf. Some cultural traditions associate huskies with protection and prosperity.

Special Days

New Year's Day
January 1

Epiphany
January 6

**Makar Sankranti
(Hindu Harvest Festival)**
January 14

Orthodox New Year
January 14

**Tu B'Shevat
(Jewish Arbor Day)**
January 16–17

Martin Luther King Day
January 17

Flower – Carnation



The carnation is the flower for January. Also known as a clove pink, this versatile flower is a species of the genus *Dianthus*, a term that means "divine flower" in Greek. Carnations are native to the Mediterranean and have been cultivated for over 2,000 years. The festive, sweet-scented blooms were used in ancient Greek and Roman ceremonial crowns and now come in a rainbow of colors, including pink, purple, blue, yellow, green, orange, white, and striped.

Birthstone – Garnet



The garnet is both the birthstone for January and the gem to celebrate a second anniversary. Though it's most frequently known for its brilliant red coloration, the garnet also grows—as crystals inside metamorphic rock—in a range of colors, including orange, fuchsia, yellow, and even blue. According to the Gemological Institute of America, rarer still is the green garnet, known as a *tsavorite*, found outside a national park in Kenya in 1967. Use any color of this stone to celebrate your favorite January birth or anniversary.

Show Your Birthday Colors!

Orange (Jan. 1–10)

You and your goal-oriented personality tend to ring in the new year with a list of resolutions. What's more, you often accomplish them all! You are a responsible and caring person. It can sometimes take a while for you to warm up to new people, but when you do, you become friends for life.

Yellow (Jan. 11–24)

Your sweet demeanor makes you a joy to be around, and your friends and family love having such a dependable



companion. A logical and thoughtful person, you generally make the right choice at the right time. For this reason, those around you often seek you out for advice.

Pink (Jan. 25–31)

You have a great sense of humor and a sensitive soul. You are a hard worker and give every task your all. Those close to you know they can count on you to help them get the job done—and that caring for others is your top priority. Just make sure you don't forget to take care of yourself in this new year.

Happy New Year to all!

Riddle Me This January

You see me once in New Year, twice in January, but not at all in winter.

What am I?

ANSWER: The letter A

January Zodiacs

Capricorn (Sea Goat)
January 1–19

Aquarius (Water Bearer)
January 20–31

January 1 marks the first date of each new year thanks to the Gregorian calendar introduced by Pope Gregory XIII in 1582. This new calendar was adopted throughout the British empire (and its American colonies) in 1753. January is named after Janus, the god of gateways and beginnings, depicted as a two-headed man looking forward and backward simultaneously. It is the only month with more than one U.S. federal holiday: New Year's Day and MLK Day.