



SHOREWOOD COMMONS



2022

Underlined programs will be group activities in the location specified in parentheses.
All other programming will be shown on channel 40

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.</p>	<p>2</p> <p><u>10:15 Functional Fitness (AR)</u> <u>1:00 Movie & Snack: "Remember the Night" (AR)</u> <u>3:00 Dice Game: Roll a Garden (AR)</u></p>	<p>3</p> <p><u>1:00 This Week in History (FL)</u> <u>2:00 Mother's Day Craft: Corsage (AR)</u> <u>3:00 St. Pius Sunday Service</u></p>	<p>4</p> <p><u>10:15 Functional Fitness (AR)</u> <u>10:30 Catholic Communion (FL)</u> <u>2:00 Documentary: Ruth Bader Ginsburg (AR)</u></p>	<p>5</p> <p><u>1:00 Bingo! (AR)</u> <u>2:30 Cinco De Mayo Celebration: Pictionary & Snacks (AR)</u> <u>3:00 Trinity Lutheran Sunday Service</u></p>	<p>6</p> <p><u>10:15 Functional Fitness (AR)</u> <u>1:00 Word Games: Momisms (AR)</u> <u>2:00 Cribbage (AR)</u> <u>3:00 Christ United Methodist Sunday Service</u></p>	<p>7</p> <p>New Rochester Public Library books arrived yesterday! Stop by the Library on the first floor.</p>
<p>8</p> <p>Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.</p> 	<p>9</p> <p><u>10:15 Functional Fitness (AR)</u> <u>1:30 Quarry Hill Presents: MN Frogs & Toads (AR)</u> <u>3:00 Mexican Train Dominoes (AR)</u></p>	<p>10</p> <p><u>10:00 Food Forum (FL)</u> <u>1:00 This Week in History (FL)</u> <u>2:00 Food Fun: May Flowers (AR)</u> <u>3:00 St. Pius Sunday Service</u></p>	<p>11</p> <p><u>10:15 Functional Fitness (AR)</u> <u>10:30 Catholic Communion (FL)</u> <u>2:00 Programming Presents: Minnesota's Birthday (AR)</u> <u>3:00 Zumbro Lutheran Sunday Service</u></p>	<p>12</p> <p><u>11:00 Lunch @ Pizza Ranch (OS)</u> <u>1:30 Music w/Lady Slippers (FL)</u> <u>3:00 Trinity Lutheran Sunday Service</u></p>	<p>13</p> <p><u>10:15 Functional Fitness (AR)</u> <u>1:00 Word Games: Candy Slogans (AR)</u> <u>2:00 Cribbage (AR)</u> <u>3:00 Christ United Methodist Sunday Service</u></p>	<p>14</p> <p>TODAY IS... National Dance Like a Chicken Day</p>
<p>15</p> <p>Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.</p>	<p>16</p> <p><u>10:15 Functional Fitness (AR)</u> <u>1:00 Movie & Snack: "Queen Bees" (AR)</u> <u>2:00 Scenic Drive: Whitewater Park (OS)</u> <u>3:00 (AR)</u></p>	<p>17</p> <p><u>1:00 This Week in History (FL)</u> <u>2:00 Adventures in Art (AR)</u> <u>3:00 St. Pius Sunday Service</u></p>	<p>18</p> <p><u>10:15 Functional Fitness (AR)</u> <u>10:30 Catholic Communion (FL)</u> <u>1:30 Documentary: Ken Burns "Mayo Clinic" (AR)</u> <u>3:00 Zumbro Lutheran Sunday Service</u></p>	<p>19</p> <p><u>11:00 Lunch @ Boulder Tap House (OS)</u> <u>1:00 Bingo! (AR)</u> <u>2:30 500 Cards (AR)</u> <u>3:00 Trinity Lutheran Sunday Service</u></p>	<p>20</p> <p><u>10:15 Functional Fitness (AR)</u> <u>1:00 Music w/Allen Carlson</u> <u>2:00 Cribbage (AR)</u> <u>3:00 Christ United Methodist Sunday Service</u></p>	<p>21</p> <p>TODAY IS... National Waitstaff Day</p>
<p>22</p> <p>Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.</p>	<p>23</p> <p><u>10:15 Functional Fitness (AR)</u> <u>1:00 Movie & Snack: "The Seven Year Itch" (AR)</u> <u>3:00 Mexican Train Dominoes (AR)</u></p>	<p>24</p> <p><u>1:00 This Week in History (FL)</u> <u>2:00 Spring Craft: 3D Flower Canvas (AR)</u> <u>3:00 St. Pius Sunday Service</u></p> <p style="border: 1px solid red; padding: 2px; display: inline-block;">No Shuttle</p>	<p>25</p> <p><u>10:15 Functional Fitness (AR)</u> <u>10:30 Catholic Communion (FL)</u> <u>2:00 Nifty Nails (AR)</u> <u>3:00 Zumbro Lutheran Sunday Service</u></p>	<p>26</p> <p><u>1:00 Bingo! (AR)</u> <u>2:30 Movie Matinee: "Three Amigos" (AR)</u> <u>3:00 Trinity Lutheran Sunday Service</u></p>	<p>27</p> <p><u>10:15 Functional Fitness (AR)</u> <u>1:00 Word Games: Midwestern Sayings (AR)</u> <u>2:00 Cribbage (AR)</u> <u>3:00 Christ United Methodist Sunday Service</u></p>	<p>28</p> <p>TODAY IS... International Hamburger Day</p>
<p>29</p> <p>Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.</p>	<p>30</p> <p><u>1:00 Movie Musical: "Oklahoma!" (AR)</u></p>  <p style="border: 1px solid red; padding: 2px; display: inline-block;">No Shuttle</p>	<p>31</p> <p><u>1:00 Resident Meeting w/Staff (FL)</u> <u>1:15 Council Meeting w/Neighbors (FL)</u> <u>2:00 Ice Cream Social (FP)</u> <u>3:00 St. Pius Sunday Service</u></p>	<p>LOCATION KEY</p> <p>(AR) Activity Room (DR) Dining Room (FL) Fireside Lounge (FP) Front Patio (OS) Outing: Sign Up at Front Desk</p>			

Programs are subject to change at any time.

Dog of the Month – Chihuahua

The chihuahua is a breed of dog native to Mexico that traces its lineage back thousands of years to pre-Columbian times. These adorable pups are named after the Mexican state of the same name. Chihuahuas are small, peppy dogs known for their vibrant personalities. In fact, they are one of the smallest breeds. They have large, expressive eyes and sweet faces. One of their defining features is an apple-shaped head. Chihuahuas come in a variety of colors, including tan, white, black, fawn, chocolate, red, and cream. Some even have coats in blue or lilac!



These charming dogs make popular pets, beloved for their unique spunk and playful nature. Affectionately known as purse dogs at under 10 inches long and just four to six pounds, they can actually be carried around in a handbag. They tend to live between 12 and 15 years, but have been known to survive up to 20 years.

Special Days

May Day
May 1

Cinco de Mayo
May 5

Mother's Day
May 8

Armed Forces Day
May 21

Victoria Day (Canada)
May 23

Memorial Day (U.S.)
May 30

Flower – Lily of the Valley



The flower for the month of May is the lily of the valley. It is prized for its sweet fragrance. It's a common folk belief that the scent of this inedible flower in the spring air is the signal for nightingales to begin their seasonal singing and choosing of a mate. Legend has it that King Charles IX of France was given this flower on May 1, 1561. He reportedly then gave the gift of lilies of the valley to all the ladies of his court each year on May 1.

Birthstone – Emerald



The stunning green emerald is the birthstone for May. It is also the anniversary gemstone for the 20th year of marriage. This beautiful gemstone is primarily mined in the Middle East and South America. The ancient Romans associated emeralds with fertility and rebirth. They dedicated the stone to Venus, the goddess of love and beauty. In the Middle Ages, it was believed that emeralds held the power to foretell the future and cure epilepsy and fever. Today, it is often thought to symbolize wisdom, growth, patience, and spring.

May Sports History Firsts

Many exciting firsts in sports history have happened in May. Here are just a few.

1742: First indoor swimming pool opened in London

1873: First Preakness Stakes thoroughbred horse race held

1875: First Kentucky Derby held

1876: First no-hitter pitched in the National League

1877: First Westminster Kennel Club Dog Show held

1887: Racetrack betting legalized in New York

1891: First French Open tennis tournament played

1904: First "perfect" baseball game pitched

1914: The Grand League of American Horseshoe Players began.

1915: Babe Ruth hit his first home run.

1939: First televised baseball game broadcast

1956: First Black woman (Althea Gibson) won a major tennis tournament

1963: First American climbed Mount Everest

1973: First four-year athletic scholarship awarded to a woman

May Brain Teaser

Question:

What day in May has the most children?

Answer:

Mother's Day



May Zodiacs

Taurus (the Bull)
May 1–20

Gemini (the Twins)
May 21–31

May is the fifth month of the year and one of seven months with 31 days. It is believed to get its name from the Roman goddess of spring, fertility, abundance, and growth, Maia Majesta. In Greek mythology, Maia was the eldest and most beautiful of Atlas' seven daughters. She adopted Zeus' son Callisto, who was posthumously sent to the sky to become Ursa Major. This constellation includes the Big Dipper, which shines brightly in the sky on clear May nights.