

SHOREWOOD COMMONS

SEPTEMBER 2022

Underlined programs will be group activities in the location specified in parentheses.

All other programming will be shown on channel 40

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<div style="border: 1px solid black; padding: 10px; margin: 10px auto; width: 80%;"> <p style="text-align: center;">LOCATION KEY</p> <p>(AR) Activity Room (DR) Dining Room (FL) Fireside Lounge</p> <p>(FP) Front Patio (OS) Outing: Sign up at Front Desk</p> </div>				<p style="text-align: center;">1</p> <p>11:00 Lunch @ So-rellinas (OS)</p> <p>1:00 Bingo! (AR)</p> <p>2:00 500 Card Game (AR)</p> <p>3:00 Trinity Lutheran Sunday Service</p>	<p style="text-align: center;">2</p> <p>10:15 Functional Fitness (AR)</p> <p>1:00 Toss Twelve Dice Game (AR)</p> <p>2:00 Lemonade & Cookies on the Patio (FP)</p> <p>3:00 Christ United Methodist Sunday Service</p>	<p style="text-align: center;">3</p> <p>New Rochester Public Library books arrived yesterday! Stop by the Library on the first floor.</p>		
<p style="text-align: center;">4</p> <p>Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.</p>	<p style="text-align: center;">5</p> <p>1:00 Movie Matinee: "Mary Poppins" (AR)</p> <div style="text-align: center;">  <p style="border: 1px solid red; padding: 2px; display: inline-block;">No Shuttle</p> </div>	<p style="text-align: center;">6</p> <p>1:00 Documentary: God in America Pt.1 (AR)</p> <p>3:00 St. Pius Sunday Service</p>	<p style="text-align: center;">7</p> <p>10:00 Blacksmith Demo (OS)</p> <p>10:15 Functional Fitness (AR)</p> <p>10:30 Catholic Communion (FL)</p> <p>2:00 Nifty Nails (AR)</p>	<p style="text-align: center;">8</p> <p>11:00 Lunch @ Canadian Honker (OS)</p> <p>1:00 Bingo! (AR)</p> <p>2:00 500 Card Game (AR)</p> <p>3:00 Trinity Lutheran Sunday Service</p>	<p style="text-align: center;">9</p> <p>10:15 Functional Fitness (AR)</p> <p>1:00 Music w/Jim (FL)</p> <p>2:00 Lemonade & Cookies on the Patio (FP)</p> <p>3:00 Christ United Methodist Sunday Service</p>	<p style="text-align: center;">10</p> <p style="text-align: center;">TODAY IS... National TV Dinner Day</p>		
<p style="text-align: center;">11</p> <p>Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.</p> <div style="text-align: center;">  <p><small>PATRIOT DAY WE NEVER FORGET</small></p> </div>	<p style="text-align: center;">12</p> <p>10:15 Functional Fitness (AR)</p> <p>1:00 Movie Matinee: "What about Bob?" (AR)</p> <p>3:00 Mexican Train Dominoes (AR)</p>	<p style="text-align: center;">13</p> <p>10:00 Food Forum (FL)</p> <p>1:00 Documentary: God in America Pt.2 (AR)</p> <p>3:00 St. Pius Sunday Service</p>	<p style="text-align: center;">14</p> <p>10:15 Functional Fitness (AR)</p> <p>10:30 Catholic Communion (FL)</p> <p>2:00 This Week in History (FL)</p> <p>3:00 Zumbro Lutheran Sunday Service</p>	<p style="text-align: center;">15</p> <p>1:00 Bingo! (AR)</p> <p>3:00 Trinity Lutheran Sunday Service</p>	<p style="text-align: center;">16</p> <p>10:15 Functional Fitness (AR)</p> <p>2:00 Lemonade & Cookies on the Patio (FP)</p> <p>3:00 Christ United Methodist Sunday Service</p>	<p style="text-align: center;">17</p> <p style="text-align: center;">TODAY IS... International Red Panda Day</p>		
<p style="text-align: center;">18</p> <p>Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.</p>	<p style="text-align: center;">19</p> <p>10:15 Functional Fitness (AR)</p> <p>1:00 Movie Matinee: "The Pledge" (AR)</p> <p>3:00 Mexican Train Dominoes (AR)</p>	<p style="text-align: center;">20</p> <p>1:00 Documentary: God in America Pt. 3 (AR)</p> <p>3:00 St. Pius Sunday Service</p>	<p style="text-align: center;">21</p> <p>10:15 Functional Fitness (AR)</p> <p>10:30 Catholic Communion (FL)</p> <p>2:00 This Week in History (FL)</p> <p>3:00 Zumbro Lutheran Sunday Service</p>	<p style="text-align: center;">22</p> <p>1:00 Bingo w/Sheila! (AR)</p> <p>3:00 Trinity Lutheran Sunday Service</p>	<p style="text-align: center;">23</p> <p>10:15 Functional Fitness (AR)</p> <p>2:00 Lemonade & Cookies on the Patio (FP)</p> <p>3:00 Christ United Methodist Sunday Service</p>	<p style="text-align: center;">24</p> <p style="text-align: center;">1:00 - 3:00 Grant Capstone Event (Shorewood Place)</p>		
<p style="text-align: center;">25</p> <p>Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.</p>	<p style="text-align: center;">26</p> <p>10:15 Functional Fitness (AR)</p> <p>1:00 Movie Matinee: "The Best Exotic Marigold Hotel" (AR)</p> <p>3:00 Mexican Train Dominoes (AR)</p>	<p style="text-align: center;">27</p> <p>1:00 Resident Meeting w/Staff (AR)</p> <p>1:15 Council Meeting w/Neighbors (AR)</p> <p>1:30 Sing-Along w/ Al, Bruce & Ed (FL)</p> <p>3:00 St. Pius Sunday Service</p>	<p style="text-align: center;">28</p> <p>10:00-12:00 Flu Shot Clinic (AR)</p> <p>10:30 Catholic Communion (FL)</p> <p>2:00 This Week in History (FL)</p> <p>3:00 Zumbro Lutheran Sunday Service</p>	<p style="text-align: center;">29</p> <p>11:00 Lunch @ Pasquale's (OS)</p> <p>1:00 Bingo! (AR)</p> <p>2:00 500 Card Game (AR)</p> <p>3:00 Trinity Lutheran Sunday Service</p>	<p style="text-align: center;">30</p> <p>10:15 Functional Fitness (AR)</p> <p>1:00 Let's Discuss: Rochester State Hospital (FL)</p> <p>2:00 Lemonade & Cookies on the Patio (FP)</p> <p>3:00 Christ United Methodist Sunday Service</p>			

Programs are subject to change at any time.

YOUR SPECIAL MONTH

Flower – Aster



The aster is a flower with brightly colored petals that unfold in the shape of a star. It is no surprise, then, that these blooms take their name from the Greek word for *star*. There are about 180 species of aster throughout North America and Eurasia, with colors ranging from purples and blues to reds and pinks. They are an ideal plant for showcasing in gardens, particularly as they symbolize love and patience. Along with chrysanthemums, asters are considered a classic autumn flower.

Birthstone – Sapphire



September's birthstone is the sapphire. The sapphire has been revered by royalty since ancient times. King Solomon was said to have worn a sapphire ring to protect himself. Russia's Ivan the Terrible adorned himself with sapphires for strength and courage. And Prince Charles chose a sapphire for Princess Diana's engagement ring because it symbolizes loyalty, respect, and lasting affection. The famous blue sapphire surrounded by diamonds now adorns the hand of Catherine, Duchess of Cambridge.

Take a Birthday Bough

September 1–10: Weeping Willow

Though you enjoy your active lifestyle, you still like to take a little time out of every day to relax, daydream, and just be with yourself. You love to travel to parts of the world that you haven't seen before. Your friends appreciate your honesty and often come to you for advice.

September 11–20: Lime

You are a fun-hearted, fiercely loyal friend, and you would do anything for the ones you love. With your low-key, laid-back personality, you don't let

yourself get too worried or overwhelmed about the little things in life. You have many talents that you are happy to share with the world.

September 21–30: Olive

You are an outdoorsy person who loves to explore nature and discover new things. You have a sensitive side, and if someone you love is unhappy, you empathize and provide a shoulder to cry on and gentle words of wisdom. Logical and level-headed, you seek to enjoy life and try to keep the peace as much as possible.

Give Peace a Chance

Celebrate world peace on September 21. Established by the United Nations in 1981, International Peace Day is intended to promote and celebrate human caring, unity, and peace and to discourage war and unrest throughout the world.

September Zodiacs

Virgo (the Virgin)
September 1–22

Libra (the Scales)
September 23–30



September gets its name from the Latin word *septimus*, which means "seven." It has this name because it was the seventh month of the year until 153 BC. Around 44 BC, Julius Caesar reformed the calendar and made September the ninth month. The Anglo Saxons called this time *haligmonath*, which translates to "holy month," because the harvest time was sacred to them. In Japan, September is called *kugatsu*, which means "long moon."

September Around the World

This month is spelled *September* in many languages, including English, German, Danish, Norwegian, Swedish, Flemish, and Dutch. However, in French, it is spelled *Septembre*. In Spanish, an *l* is added for a spelling of *Septiembre*. In Greek, it is *Septemvris*, and in Portuguese, it is *Setembro*. It is *Settembre* in Italian.

What's Lucky in September?

Lucky Color: Orange
Lucky Animal: Seal
Lucky Letters: *K* and *E*
Lucky Day: Monday
Lucky Plant: Apple



September Birthdays

Boxcar Willie (singer) – September 1, 1931
Mark Harmon (actor) – September 2, 1951
Bob Newhart (comedian) – September 5, 1929
Jane Curtin (actress) – September 6, 1947
Bernie Sanders (politician) – September 8, 1941
Otis Redding (singer) – September 9, 1941
Arnold Palmer (golfer) – September 10, 1929
Agatha Christie (writer) – September 15, 1890
Faith Hill (country singer) – September 21, 1967
Cheryl Tiegs (model) – September 25, 1947
Serena Williams (tennis pro) – September 26, 1981
Gene Autry (singer) – September 29, 1907
Deborah Kerr (actress) – September 30, 1921
Patricia Neway (soprano) – September 30, 1919