

SHOREWOOD COMMONS

November

2022

Underlined programs will be group activities in the location specified in parentheses.

All other programming will be shown on channel 40

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>LOCATION KEY</p> <p>(AR) Activity Room</p> <p>(DR) Dining Room</p> <p>(FL) Fireside Lounge</p> <p>(FP) Front Patio</p> <p>(OS) Outing: Sign Up at Front Desk</p> | | 1 | 2 | 3 | 4 | 5 |
| | | <p><u>12:30 Resident Photos (FL)</u></p> <p><u>3:00 St. Pius Sunday Service</u></p> | <p><u>10:15 Functional Fitness (AR)</u></p> <p><u>10:30 Catholic Communion (FL)</u></p> <p><u>1:00 You Be The Judge (FL)</u></p> <p><u>2:00 Documentary: "Christopher Columbus"</u></p> <p><u>3:00 Zumbro Lutheran Sunday Service</u></p> | <p><u>11:00 Open Shuttle</u></p> <p><u>1:00 Bingo! (AR)</u></p> <p><u>2:00 500 Card Game (AR)</u></p> <p><u>3:00 Trinity Lutheran Sunday Service</u></p> | <p><u>10:15 Functional Fitness (AR)</u></p> <p><u>1:00 Toss Twelve Dice Game (AR)</u></p> <p><u>2:00 Apple Cider & Cookies (AR)</u></p> <p><u>3:00 Christ United Methodist Sunday Service</u></p> | <p>New Rochester Public Library books arrived yesterday! Stop by the Library on the first floor.</p> |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| <p>Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.</p> | <p><u>10:15 Functional Fitness (AR)</u></p> <p><u>1:00 Movie Matinee: "Notorious" (AR)</u></p> <p><u>1:50 Reflections Scenic drive</u></p> <p><u>3:00 Mexican Train Dominoes (AR)</u></p> | <p style="border: 1px solid red; padding: 2px; display: inline-block;">No Shuttle</p> | <p><u>10:15 Functional Fitness (AR)</u></p> <p><u>10:30 Catholic Communion (FL)</u></p> <p><u>1:00 You Be The Judge (FL)</u></p> <p><u>2:00 Nifty Nails (AR)</u></p> <p><u>3:00 Zumbro Lutheran Sunday Service</u></p> | <p><u>11:00 Lunch @ Olive Garden (OS)</u></p> <p><u>1:00 Bingo! (AR)</u></p> <p><u>2:00 500 Card Game (AR)</u></p> <p><u>2:00 Grief Support with Seasons hospice (club)</u></p> <p><u>3:00 Trinity Lutheran Sunday Service</u></p> | <p><u>10:15 Functional Fitness (AR)</u></p> <p><u>1:00 Music w/Jim (FL)</u></p> <p><u>2:00 Apple Cider & Cookies (AR)</u></p> <p><u>3:00 Christ United Methodist Sunday Service</u></p> | <p style="text-align: center;">TODAY IS NATIONAL....</p> <p style="text-align: center;">PLAY MONOPOLY DAY!</p>  |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| <p>Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.</p> | <p><u>10:15 Functional Fitness (AR)</u></p> <p><u>1:00 Movie Matinee: "Mildred Pierce" (AR)</u></p> <p><u>1:50 SWC scenic drive</u></p> <p><u>3:00 Mexican Train Dominoes (AR)</u></p> | <p><u>10:00 Food Forum (FL)</u></p> <p><u>1:00 Painted Candle Holder (AR)</u></p> <p><u>3:00 St. Pius Sunday Service</u></p> | <p><u>10:15 Functional Fitness (AR)</u></p> <p><u>10:30 Catholic Communion (FL)</u></p> <p><u>1:00 Documentary "1840-1910 Baseball by Ken Burns (AR)</u></p> <p><u>2:00 This Week in History (FL)</u></p> <p><u>3:00 Zumbro Lutheran Sunday Service</u></p> | <p><u>11:00 Lunch @ Fat Willy's (OS)</u></p> <p><u>1:00 Bingo! (AR)</u></p> <p><u>2:00 500 Card Game (AR)</u></p> <p><u>3:00 Trinity Lutheran Sunday Service</u></p> | <p><u>10:15 Functional Fitness (AR)</u></p> <p><u>1:00 Music w/Allen Carlson (FL)</u></p> <p><u>2:00 Apple cider & Cookies (AR)</u></p> <p><u>3:00 Christ United Methodist Sunday Service</u></p> | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| <p>Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.</p> | <p><u>10:00 Safe Door Opening Exercise (club)</u></p> <p><u>10:15 Functional Fitness (AR)</u></p> <p><u>1:00 Movie Matinee: "Bridge of Spies" (AR)</u></p> <p><u>1:50 Reflections Scenic drive</u></p> <p><u>3:00 Mexican Train Dominoes (AR)</u></p> | <p><u>10:00 Documentary "Desperate crossing" (AR)</u></p> <p><u>1:00 Food Fun! Turkey Decorated Brownies (AR)</u></p> <p><u>3:00 St. Pius Sunday Service</u></p> | <p><u>10:15 Functional Fitness (AR)</u></p> <p><u>10:30 Catholic Communion (FL)</u></p> <p><u>1:00 You Be The Judge (FL)</u></p> <p><u>2:00 This Week in History (FL)</u></p> <p><u>3:00 Zumbro Lutheran Sunday Service</u></p> | <p><u>2:00 Movie: Oliver Twist (AR)</u></p> <p style="color: red; font-weight: bold;">CLUB CLOSED</p> <div style="border: 1px solid red; padding: 5px; text-align: center; margin: 5px 0;">No Shuttle</div>  | <p><u>10:15 Functional Fitness (AR)</u></p> <p><u>2:00 Apple Cider & Cookies (AR)</u></p> <p><u>3:00 Christ United Methodist Sunday Service</u></p> <p style="color: red; font-weight: bold;">CLUB CLOSED</p> | |
| 27 | 28 | 29 | 30 |  | | |
| <p>Puzzles, cards, coloring, and games are always available in the Activity Room and Fireside Lounge.</p> | <p><u>10:15 Functional Fitness (AR)</u></p> <p><u>1:00 Movie Matinee: "Top Gun: Maverick" (AR)</u></p> <p><u>1:50 SWC scenic drive</u></p> <p><u>3:00 Mexican Train Dominoes (AR)</u></p> | <p><u>1:00 Resident Meeting w/Staff (AR)</u></p> <p><u>1:15 Council Meeting w/Neighbors (AR)</u></p> <p><u>3:00 St. Pius Sunday Service</u></p> | <p><u>10:30 Catholic Communion (FL)</u></p> <p><u>1:00 You Be The Judge (FL)</u></p> <p><u>2:00 This Week in History (FL)</u></p> <p><u>3:00 Zumbro Lutheran Sunday Service</u></p> | | | |

Programs are subject to change at any time.

THE MONTHLY GAZETTE

Flower – Chrysanthemum



November's birth flower is the chrysanthemum. Commonly called mums, the vibrant perennial is a favorite of gardeners and florists alike. *Chryso* is Greek for "gold"; although mums grow in a variety of shades today, their wild ancestors were a brilliant yellow-gold hue. In addition to their beauty, mums are used for teas, wine, and medicine. Additionally, NASA has found that chrysanthemums planted indoors can clean the air of your home.

Birthstone – Yellow Topaz



Yellow topaz, known as "precious topaz," is November's birthstone. This stone was the symbol of Ra, the Egyptian sun god, because of its golden glow. Topaz was named for the ancient island of Topasos, now known as St. John. A topaz is most commonly found in shades of yellow. However, it also comes in other colors, including blue, red, orange, green, and black. Pure topaz itself is a colorless stone. A gift of a yellow topaz symbolizes friendship and hospitality. Topaz is said to give the wearer strength and mental clarity.

Birthday Bough

November 1–8: Pine

You're a nature lover who feels most at home on a walk in the woods or strolling along a stream. You also enjoy a robust social life and have many friends who call on you when they are in search of fun—or a shoulder to cry on.

November 9–15: Spruce

You are dependable, strong, and smart as a whip. People seek out your advice and call on you when a leader is needed. You have a hearty sense of humor that helps you—and your family and friends—cope during tough times.

November 16–21: Willow

You move about with the wind, but you can always be counted on when it matters most. You have a carefree spirit that draws others to you, though you sometimes seek alone time. Your grace and kindness are legendary, too.

November 22–30: Oak

You are a sweet, colorful person with a big laugh, an even bigger heart, and an easy sense of humor. Your intuition, work ethic, and sense of justice are very strong. People feel safe, relaxed, and happy around you, so you're never short on friends.

Weather or Not

Use this November weather lore to predict the weather in the future months: Ice in November brings mud in December. As the weather is in November, so it will be in March. Thunder in November means a fertile year to come.



November Zodiacs

Scorpio (The Scorpion)
November 1–21

Sagittarius (The Archer)
November 22–30

November is the eleventh month on the Gregorian calendar, but it was the ninth month before January and February were added to the calendar. November is widely considered a month dedicated to remembering deceased ancestors and loved ones: The Roman Catholic holiday All Souls' Day, Mexico's Día de los Muertos (Day of the Dead), United States' Veterans Day, and Canada's Remembrance Day are all celebrated in November.

A Redheaded Day

Do you have red hair or any redheaded pals? November is the time to toast them (or yourself). That's because November 5 is National Redhead Day, the day to celebrate the gingers among us. An estimated 2% of the world's population have naturally red hair, with millions of them living in America. Many redheads have Irish, English, Scottish, North African, or Jewish heritage.

What's Lucky in November?

Lucky Color: Orange

Lucky Animal: Chipmunk

Lucky Letters: B and G

Lucky Day: Wednesday

Lucky Plant: Pine



November Birthdays

Marie Antoinette (queen) – November 2, 1755

Art Carney (actor) – November 4, 1918

Maria Shriver (journalist) – November 6, 1955

Marie Curie (scientist) – November 7, 1867

Carl Sagan (astronomer) – November 9, 1934

Jonathan Winters (comedian) – November 11, 1925

Grace Kelly (actress) – November 12, 1929

Laura San Giacomo (actress) – November 14, 1962

David Ortiz (ballplayer) – Nov. 18, 1975

Scott Joplin (composer) – November 24, 1868

Tina Turner (singer) – November 26, 1939

William Blake (poet) – November 28, 1757

Mandy Patinkin (actor) – November 30, 1952